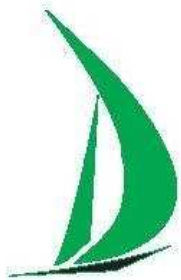


Senior Adventures In Learning Of
Melbourne, Inc.
2950 N. Harbor City Blvd.
Melbourne, FL 32935

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S.A.I.L.
Senior Adventures In Learning
of Melbourne, Inc.
Winter Term 2010
*Charting a Successful Course
into the Future!*

Every Tuesday, January 12, 2010 through March 2, 2010
and/or Every Wednesday, January 13, 2010 through March 3, 2010
at Ascension Catholic Church, 2950 N. Harbor City Blvd., Melbourne

Issue #43

Senior Adventures In Learning Winter Term 2010 Registration

Name _____
Last First

Address _____

City: _____ State: FL Zip: _____

Phone: () _____

- I am a previous S.A.I.L. Participant.
 This is my first registration and I need a nametag.

My nametag should read (if not as above):

First: _____ Last: _____

- Please enroll me in the following classes. I have inserted the **course number** next to the appropriate day and hour of the class. (If you can't attend on the starting day, your payment now, holds your place in class for the entire term).
In the event of over-registration of any class, enrollment will be based on the date of postmark.

Tuesday's Classes: 9:00 a.m. _____ 10:00 a.m. _____ 11:00 a.m. _____ 12:45 p.m. _____

Wednesday's Classes: 9:00 a.m. _____ 10:00 a.m. _____ 11:00 a.m. _____ 12:45 p.m. _____

- Please add me to your e-mail list for the next brochure. – I will remember to put Sail's e-mail address into my address book so the e-mails sent by SAIL will not be treated as spam!!!!

My e-mail address: _____

Enclosed is my check or money order for:

- \$ _____ \$**25.00** Single day Registration Fee
 \$ _____ \$**40.00** for two day Registration Fee
 \$ _____ \$ **5.00** Coffee Club. You may contribute daily if you prefer.
 \$ _____ For Textbooks or Media Fee required for my course selections (See Brochure)
 \$ _____ Additional \$5.00, \$10.00 or \$25.00 **TAX DEDUCTIBLE** donation to S.A.I.L. of Melbourne, Inc.
 \$ _____ TOTAL: Make check payable to **S.A.I.L of Melbourne Inc.**

Emergency Contact: Name _____ Phone # _____

- I will volunteer to teach a class next term. I will volunteer to help with registration, set up and/or clean up.

Subject: _____

**Mail This Registration Form To:
 S.A.I.L. of Melbourne, 2950 N. Harbor City Blvd.
 Melbourne FL 32935**

We are grateful to our sponsors! Please check if you attend one of the following congregations...

- Ascension Catholic Church
- Emmanuel UMC
- Lake Crest Community Baptist
- Palmdale Presbyterian Church
- Pineda Presbyterian Church
- St. John's Episcopal Church
- St. Paul's UMC
- St. Timothy Lutheran Church
- Temple Beth Sholom
- St. John The Evangelist Catholic
- Other: _____

For our records...Let us know if you worship with another congregation not on our list. (Affiliation not required)

Senior Adventures In Learning General Information~PLEASE READ

- ◆ The Winter Term will be held *every Tuesday beginning January 12th and every Wednesday beginning January 13th for eight consecutive weeks*. Classes will be held at Ascension Catholic Church located on US 1 and Parkway at 2950 N. Harbor City Blvd., Melbourne 32935.
- ◆ **IMPORTANT NOTE: Please mail registration form by January 3, 2010. If not, you may register in person the first day of classes.**
- ◆ *Join us for coffee and blood pressure checks at 8:30 a.m. on either day and make new friends with other participants.*
- ◆ Classes begin at 9:00, 10:00, and 11:00 a.m. and at 12:45 p.m.
- ◆ There is a **registration fee** that covers the entire 8-week program of **\$25.00, for one day**, or you may register for **both days for \$40.00**.
- ◆ **The registration fee is the same if you sign up for only one class per day or if you take a class each hour. It is to your advantage to sign up for the entire day.**
- ◆ Some classes require textbooks. You may order textbooks when you register (**NOTE: Book orders will be made two weeks prior to course start so register early or you will be responsible for the procurement of required texts on your own.**).
- ◆ **Registration for classes is based on a first come – first served basis. Please register early for the best selection. Early registration is also very helpful to the program director as she prepares for a successful term.**
- ◆ **To register by mail**, refer to this Schedule, make your course selection for each day and hour, complete the registration form, enclose your check payable to Senior Adventures In Learning of Melbourne or S.A.I.L. of Melbourne and mail to the address specified at the bottom of the registration form.
- ◆ **New Classes:** Classes marked with an *are being offered for the first time.
- ◆ **Lunch:** We will have a “bring your own” brown bag lunch together at 12 noon. You may purchase fruit, yogurt or snacks. Lunch will be a time to relax and enjoy the company of other participants. **Afternoon classes start at 12:45 p.m. this term.**
- ◆ **Coffee Club:** Coffee, hot and iced tea are provided for \$5.00 per term or you may choose to make a contribution daily.
- ◆ **Day Trips:** Senior Adventures In Learning will be sponsoring day trips through out the year. Our first trip is scheduled for December 8th, 2009. Call Director, Beverly Wheeler, for more info!

~ Senior Adventures In Learning E-Mail address: sailofmelbourne@gmail.com

~ Senior Adventures In Learning Web Site address: www.sailofmelbourne.org

~ Senior Adventures In Learning Phone Number: 321-259-8886

A Special Thank You to all of you who have made a donation to S.A.I.L. All donations to S.A.I.L. of Melbourne, Inc., a 501 (C)(3) non-profit charitable organization, are tax deductible. A copy of the official registration and financial information may be obtained from the Division of Consumer Services by calling toll free within the state (1-800-435-7325).

Tuesday Classes

9:00 a.m.

201TA Yoga: Yoga is an ancient system for calming the mind, stretching and strengthening the body and connecting to one's inner being. In each class, there is focus on breathing, learning and practicing the poses, and a short meditation at the end. There is also some understanding shared of the yogic philosophy of balance, serenity and compassion for one's self (and one's body!) and for others. Nancy Alderman, a new yoga instructor to SAIL, will be leading us this session. Please bring a yoga mat and big towel.

***344TA The Wit and Wisdom of Erma Bombeck:** Come spend 50 minutes of laughter and love with Tessa Scarboro as we share the 30 year span of writings of Erma Bombeck. A book, *Forever Erma*, is available from Tessa (\$14.00) or bring your favorite newspaper columns and books!

431TA Beginning Acrylics: Join Victoria Chadborne and discover your talent. *Students must bring the following:* 1) 3 canvases: 9 x 12, 11 x 14, 16 x 20 2) acrylic paints primary colors and what ever you like 3) WHITE GESSO-Have 2 canvases PAINTED with the gesso 4) 1 pallet knife 5) your brushes any size and 3 paint brushes: 1 -2" paint brush 2-3-4" paint brush (old ones that are CLEAN may be used) 6) RAGS. LETS HAVE FUN-----I WILL BE THERE 1/2 Hour early for anyone who wants to start early.

409TA Living to Age 100 – Challenges: In this course SENIOR LIFE newspaper columnist Ed Baranowski helps you explore the opportunities for a long life starting with your gene bank, financial resources, activities, attitude, medical choices, spiritual beliefs, family relationships, and dealing with the work of today without stress.

810TA Spoken Russian: Speak the exotic language of today's Russia and the old Soviet Union. Dr. Jim Phillips will focus on useful basic expressions and vocabulary for travelers and add cultural tips along the way. We soft-pedal the Cyrillic alphabet and make it fun. From the start, you'll be amazed at the Russian you already understand. Required text: *Barron's Traveler's Language Guide – Russian, price \$12.00* (See Registration Form).

***912WA Getting Started With Computers:** Have a new computer? Maybe one that's been gathering dust because you're not comfortable using it? Let's have some fun learning the basics of the personal computer. Topics to include an overview of components and peripherals, as well as general computing techniques and concepts. Care and feeding of your PC. The basics of Microsoft Windows and the software (including Internet Explorer) that comes with it. Learn to configure your computer to fit your needs and preferences. Facilitated by Dave Jacobs and his assistant Dennis Decker. Dave Jacobs is new to SAIL but he has helped many seniors learn computer skills on a one to one basis. *Bring your own laptop if you have one. Call Beverly Wheeler at 259-8886 to reserve your spot. \$15.00 Media Fee is due with registration.*

***627TA Plays by Ibsen:** *For those of you searching for Shakespeare, I am sorry if you are disappointed.* We are taking a break and have decided to do two Ibsen plays ~ time permitting. Ibsen is often thought of as the father of modern drama, and his works will provide a nice break. We will start with a close reading and discussion of "A Doll's House". The reading is quite easy and the plays will move along quickly. Each student is asked to find a copy of the play either at their local book shop or library. Students will be asked to volunteer to read as part of the class. Led by David Kries.

435TA CURRENT EVENTS/Important Topics of the Day! A variety of current topics will be on the table. We will discuss such topics as; Amnesty for illegal immigrants; govt. run health care; new energy exploration; activist judges; auditing or ending the Federal Reserve Bank; the 10th Amendment; expansion of gambling; property rights; education; flat tax and fair tax; Federal stimulus package; cap & trade policy; traditional marriage; gun rights and other such fun topics. Discussion led by Alice Kreitz who has worked on staffs of two U.S. Senators in Wash. DC & MN, as well as one U.S. congressman. She has been on two city councils and is involved in a multitude of community organizations in Brevard. *Come prepared to participate in a lively discussion and debate!*

10:00 a.m.

205TB Basic Tai Chi for Seniors: Tai Chi is one of the most powerful, yet gentle ways to rejuvenate the body, maintain and restore balance. With regular practice you will experience the satisfying awareness of directing and enhancing your own energy. Velma and Jack Sterner are the callers for this class. This class is open to beginners and continuing students.

***440TB UNDERSTANDING ART:** In this program, artist Ed Baranowski the participants define art and the artist. Art is considered in the broadest terms—the creations of men and women over the ages. You will learn about form, texture, composition, and techniques. Discussions will cover: Who are the Masters? What makes Fine art? Was Andy Warhol really an artist? What are the new art forms? How does art impact our daily life? Whatever your experience with the arts, you will find this program interesting.

433TB Gifts Differing: *Have fun while learning about your personality type.* Barbara Kreher, a certified Myers-Briggs Type Indicator trainer, will help you discover your personality strengths and gifts. The course will include handouts, scripts to act out the types (Barbara is also a playwright) and discussions. Join and talk (if you are an Extrovert) or just sit back and enjoy it (if you are an Introvert).-All personality types welcome!- If you are able to get on the internet, log on to <http://www.humanmetrics.com/cgi-win/JTypes2.asp> and take the inventory found there. (In Windows it's under "Personality test based on Jung-Myers-Briggs typology). This is not a requirement for you to be in the class but it is fun to do.

Tuesday Classes Continued

10:00 a.m.

***913TB Word Processing:** We will explore the basics of word processing using Microsoft Word and other word processing programs. The class will learn how to start and quit Microsoft Word; enter text, correct errors, format text and paragraphs, and insert clip-art in a document; print, save, open a document, and use the toolbars and menus. Facilitated by Bob Taylor.

401TB Scrap Booking Work Shop (10:00 till 1:00): Favorite pet? First date or prom? **How about those beautiful weddings and adorable children and grandchildren!** I bet you have a lot of these pictures that you would love to look at in organized beautiful albums. **Come ready to share ideas and get ideas from others. You may stay the whole 3 hours or come and go as you like!** Creative Memories Consultant, Sue Wisnom, and Alice Kadlec will be available for advice and supplies if needed.

439TB SPORTS TALK: The NFL playoffs and Super Bowl, the final four and the frozen four, the NBA and the NHL, baseball trades and free agent signings, spring training and a mystery guest or two will give all of us a lot to talk about. Phil Jennings will be the facilitator and scorekeeper.

***802TB SPOKEN FRENCH:** Learn to speak French, the language of France, Quebec, Martinique, etc. with a certified teacher. We will focus on understanding and being understood in basic conversation. Required textbook is: Barron's French The Easy Way, fourth edition (Price is 14.95 At Barnes and Noble). A small hand tape recorder is suggested. Class is taught by Jeanne Nicolucci.

***626TB Ancient Rome:** Dr. Ralph Schuiling narrates the history of how the tiny village of Rome rose to become the greatest empire in the world of antiquity and then fell.– a story of human greatness and courage and also of human faults and failure. Its rise, its fall and the lessons of its existence affect us even today!

428WB Your Appliances-Save Time, Money and Aggravation!: Learn the basic ins and outs of your appliances. Get tips on how to extend that time frame between purchase and demise of your home products. Each week we will focus on a different major appliance or product from refrigerators and ranges to washers, water heaters and well pumps. You'll learn how they function, how to perform their upkeep safely, the need for warranties vs. maintenance agreements and when it is time to call the repairman! Your questions will be answered by Jim Kerrigan, a Sears Service retiree of 35 years.

11:00 a.m.

210TC Walk Strong: This class will be walking and weight training with Leslie Sansone's popular video, *Walk Strong*. **This is a brisk walk** with a variety of movements. **Good support shoes are needed. Light Weights are used but not required.** Experts say that if you regularly walk at least 2 miles in 30 minutes **you will improve your health! Come join us as we get in better shape together!**

704TC Basic Guitar: Participants must have a learning guitar or better for accompaniment. Some of the skills taught will be to play standard keys; i.e.: C, D E, F, G and learn the use of the Capo. The class will also cover licks and strums for added interest. No parameters are enforced and no time limit is set. Be creative and have fun! Class will be taught by Claude Kezer. Claude is very talented! In his career as an actor he has performed in 30 musicals, 3 movies, several commercials and several television productions.

413TC ASSERTIVENESS TRAINING: Led by Carol Roberts - Do you say "Yes" when you really want to say "No"? Can you say "NO" without feeling guilty? This course will teach appropriate methods of asserting oneself without bullying others or allowing them to bully you. We will focus on effective communication skills in various situations, and values clarification exercises will be an important part of the curriculum. *Carol Roberts is a licensed mental health counselor and taught this class at BCC for many years.*

403TC Anything Goes: A discussion group where the group determines the subject for discussion. Sometimes it only one subject but usually has a life of its on and tends to move all over the place. Led by Bill Scott.

***343TC Learn How to Study the Bible:** provides practical advice and encouragement to begin or continue a journey of discovery of the literature of the Bible. This study will cover the 39 Books of the Old Testament library covering the Law, History, Poetry and Prophecy. You will learn the types, tools and techniques of personal Bible study. Reverend Erich Hamm will teach this course.

***529TC The United Nations~What's Happening Now:** The most important global organization today--the United Nations--accomplishes much in areas of conflict resolution, international public health, human rights and economic affairs. Watch with Jim Phillips and discuss the role of the United Nations in the world as it unfolds week by week. Dr. Jim is the current President of the Brevard County Chapter of the UN Association of the USA and has traveled widely.

418TC Eco Travel Florida Parks and Forests: The eco green travel movement began in the 70's and has had made some good strides over the next several decades: "Leave nothing but your footprints and shoot only pictures" Whether you are an arm-chair traveler (view the pictures) or a world adventure traveler (take or be in the pictures) you will learn about a hidden undiscovered and preserved Florida. Led by Lee Rosenkranz

Tuesday Classes Continued

12:45 p.m.

536TD PRESIDENTIAL DECISIONS: Be with George Washington as he braves threats of impeachment and assassination, Franklin Roosevelt, Defying the Isolationists—and maybe the law—to stop Adolph Hitler, Ronald Reagan, irking some of his backers to seek an end to the Cold War, and unpopular decisions by other presidents. Led by J.J. Ambridge

721TD Evolution of the Symphony: For well over 200 years the symphony has been orchestral music's greatest form – but just what is a symphony, and how did it develop over the years? Explore this classical music treasure with Bill Carrigan, host of WFIT's CLASSICS FOR A SUNDAY EVENING. This course is for anyone who wants to know more about classical music.

***539TD Civil Liberties and the Bill of Rights:** A course using Teaching Company material. This course is an introduction to a uniquely American invention and to some ways of thinking, a wonderful naive contribution to politics. The written specification of individual liberties and rights that citizens possess and can, through courts, enforce against the state. Not so much a course about law, but the relationship of law to the most fundamental questions about politics, morality, and human nature. Led by Bill Scott.

437TD Learn to Play Mah Jongg - Part 2: Requisite: Class #437TD Fall Term. Class Limited to 12. You have learned the basics of mah jongg; now you will play the hand. Join Rosaline (Roz) Croll, who has 25 years of experience playing this game, as you become a confident player.

***441TD Technology for the Layperson or How Smart is your Home?** This course will survey some of the more complex technologies that have begun to enter our households. We will discuss a variety of state-of-the-art concepts such as the inner workings of the internet and WiFi, TV Satellite communication, programmable universal remote controls and the installation of "smart" X10 switches in a home. The objective is to familiarize the student with contemporary or unusual "gadgets" which might improve household quality-of-life while making the perceived complexity less overwhelming. Dr. Joel Sturman received his Ph.D. in Computer Science from Cornell University. He holds the first degree in this field ever granted by that institution. His teaching experience includes appointments as Adjunct Professor of Electrical Engineering and Computer Science at Union College in Schenectady, NY, and Visiting Professor of Computer Science at The State University of New York (SUNY) at Albany.

Wednesday Classes

9:00 a.m.

207WA Motion with Kathy: Please join Kathy Corsaut CPTA from Life Care Center of Palm Bay in her musical aerobic exercise class. *This class is geared to your own pace. It will help you to feel, look and be healthier. It's a great way to start your day!*

438WA "From Monet to Van Gogh: A History of Impressionism" Join us and continue with an exploration of art in France in the late 1800's. View examples of works by: Cassat, Manet, Renoir, Monet, Gauguin, Pissarro, Suerat, Toulouse-Lautrec, Van Gogh and other artists. You do not need to have been present at earlier sessions to be able to enjoy the remainder of this series. Join others with a love and appreciation of art and the lovely impressionist influences. Participate in a group discussion after the thirty minute DVD lecture. Facilitated by Regina Scott

805WA Easy-as-Pie Spanish: Fun with the language for those with no prior knowledge. Bernice Roth will lead us through the basic greetings and salutations; polite forms of address; common expressions involving colors, numbers, days of the week, months of the year, directions, etc. you begin your study of this most important language. *Have fun while learning Spanish!* The text **not** required is *Passport to Spanish: Revised and Expanded Edition* cost \$7.50 (see registration form).

***442WA Tips for Senior Women:** Great ideas for dressing for our age group; plus shopping for clothes and jewelry and make-up application tips. One session will be with Ruth Funk and her designs. Possible tips in interior decorating. Questions and discussions invited! Jane Farmer is the presenter for this new class.

812WA Beginning German: Learn to express yourself in German. Prepare for travel to the new united Germany or the next Oktoberfest celebration in your neighborhood. You'll be surprised at the many words you already recognize in this indispensable language of science and technology. No text required. Handouts will be provided. Instructor: Dr. Jim Phillips has a BA in Modern Languages (German and Russian) from the University of Oregon and has traveled in Germany--including Berlin.

***136WA The Joy of Mathematics:** This course will be based on the Teaching Company's DVD series The Joy of Mathematics taught by Professor Arthur T. Benjamin. Each session will begin with a 34 minute lecture of an interesting mathematic topic, followed by a discussion led by Herrick Jeffers, an experienced teacher of science and mathematics.

***912WA Getting Started With Computers:** Have a new computer? Maybe one that's been gathering dust because you're not comfortable using it? Let's have some fun learning the basics of the personal computer. Topics to include an overview of components and peripherals, as well as general computing techniques and concepts. Care and feeding of your PC. The basics of Microsoft Windows and the software (including Internet Explorer) that comes with it. Learn to configure your computer to fit your needs and preferences. Facilitated by Dave Jacobs. Dave Jacobs is new to SAIL but he has helped many seniors learn computer skills on a one to one basis. *Bring your own laptop if you have one. Call Beverly Wheeler at 259-8886 to reserve your spot. \$15.00 Media Fee is due.*

Wednesday Classes Continued

10:00 a.m.

213WB STRETCH AND FLEX: Join Barb Stukey as she leads you in a variety of moves designed to increase **strength and flexibility**. You will use resistance bands and light dumbbells. Resistance bands will be provided or you may bring your own. *Don't forget to bring your weights, mat and water bottle.*

911WB I have taken my photos with my new digital camera, now how do I get them on paper, emailed or saved to my computer?: Students will bring their camera, and all cords for down loading if you have them. **Please bring your laptop if you have one!** If not don't worry we'll have a fix for that too. We will learn to download, upload, crop, edit and email our digital photos during this class. Class size limited. *Facilitator: Bob Taylor. Please call Beverly Wheeler at 259-8886 to register for this class!*

***540WB The Race for the Moon:** Dr. Ralph Schuiling, a 45-year veteran of NASA's human spaceflight program describes how the United States of America's space program, starting from behind the Soviet Union's, caught and surpassed the Soviets and landed the first humans on the Moon. The course is not technical and not mathematical but deals with the people, programs, and politics of the space age from inception to final success on the lunar surface.

603WB Book Discussion: Marilou Grimm will be leading this winter's book discussion. **The first book for discussion is *The Help* by Kathryn Stockett** . Come and join us for a fun and lively discussion!

524WC History of Supreme Court: This session will cover the court from 1870's to 1930's. Freedom of Speech, New Deal, Court Packing and "Beyond the Reach of Majorities" cases. Teaching Company CD presentations with discussion. Led by Bill Scott

419WB Bridge—A Different Approach: Join Chris Cleaves for this **2-hour** (10 a.m. to 12 p.m.) course. We will first have questions, methodology and slowly, the scoring. We might have beginners as well as players and will try to find a schedule that is appropriate for all. This is a mathematical approach to bridge and uses very few conventions. This is different from all the bridge gurus' teachings. We will discuss and analyze hands, bidding and leads.

809WB Advanced Beginning Spanish: Join Carmen Palacios, a long time Spanish teacher in the school system, in this course that follows Beginning Spanish and learn more about the magical world of the Spanish Language. The book is *Madrigal's Magic Key to Spanish* by Margaritta Madrigal and is available at Books A Million. **This course is a follow up of Beginning Spanish.**

115WB Things Medical: Are you bombarded by confusing and conflicting healthcare information? Jerry Tebeau brings us the "ungarbled word" about your specific health questions. ***Learn about new discoveries, alternate health and nourishment issues and what you really need to know about medicinal interactions.***

801WB American Sign Language: Sherri Tebeau leads us through the fascinating study of American Sign Language and finger spelling. If you or your loved one is hearing impaired, this course can be valuable to your future.

11:00 a.m.

***208WC QiGong:** Instructor: Millie Riely, Level 2 Facilitator of Supreme Science QiGong Foundation. Millie has studied yoga, practiced Reiki and Pranic Healing over the last decade, and is committed to bringing the healing practices of SSQF to everyone. In this class we will learn to do QiGong (chee-gong) forms for health, vitality, and to achieve our natural state of harmony. The exercises are slow, graceful and rhythmic. Any age and physical ability can benefit. You may sit in a chair while doing the movements.

809WC Beginning Spanish: Join Carmen Palacios, a long time Spanish teacher in the school system, in this introductory course to the magical world of the Spanish Language. Elementary vocabulary and grammar will help you begin your study of this most important language. **The textbook is *See it and Say it in Spanish*.** The price is \$7.50 (See registration form).

807WC Intermediate Conversational Spanish: Myriam Brix will present conversation at the intermediate level, centered upon everyday situations: shopping, visiting the doctor, travel, hotels and restaurants, etc. *Senora* Brix is a native speaker. A great chance to sharpen your ear and polish your accent!

435WC Current Events: ***This class will be a discussion group of current events with a media twist!*** It is lead by Dick Jaeger who has had a 42 year career in journalism. The discussion will include some insight of how the media might look at the subject. This is based on Dick's background as a reporter/editor. Come and join the group to learn about and discuss current events.

118WC Essentials of CAREGIVING: With an aging population and limited resources available, you need to get important information that will be essential to help take care of yourself as well as your loved ones. Barbara Borman, RN from Hospice of St. Francis will provide participants with the tools necessary to help with a variety of practical issues as well as discover meaning during this most demanding journey. **This is a very Worthwhile and Informative for all!**

515WC Liberty Documents-The Declaration of Independence and The Constitution: ***Everyone American should know about these important documents!*** J. J. Ambridge will introduce you to the patriots who led the revolution in the colonies and the reasons why the words in the declaration expressed their thoughts. Follow another group of men who met in Philadelphia, PA in 1789 and wrote a document that has stood the test of time. Learn the reasons why the Constitution resulted in the form we have today.

Wednesday Classes Continued

11:00 a.m.

512WC CIVIL WAR ROUND TABLE: The class will decide on the subjects they would like to cover and there will be an open group discussion each week. Led by Bill Scott.

410WC ADVANCED Bridge: Would you like to learn to think and play bridge like an expert? *Join Rabbi Richard Margolis, a nationally recognized expert, on the Expert Panel of Bridge World magazine, as he coaches us through the finer points in this eight week course.*

12:45 p.m.

104WD Aging is a Family Affair/Basic Training for Seniors: We all need to plan for our future - including our senior adult years. **Do it now – not during a crisis!** Claudia Estes will examine the effect that aging has on family issues, legal and financial planning, living alternatives, healthy relationships, caregiver issues and final arrangements. Learn about these issues so that you or your family are not at the mercy of the “experts” who are really salesmen. Develop an understanding of these issues so that you may, in turn, educate your adult children. **Senior Adventures In Learning feels that this is one of our most important offerings and urges all that have not previously taken this important course, to take it.**

202WD Line Dancing: Jan Johns is back and leads us for this **full hour of good fun and exercise through one of the most popular forms of dancing today.** You don't need a partner but you do need to put on a smile, relax and enjoy the benefits of line dancing.

605WD Writing Your Life: How to Write Your Memoirs/Autobiography: Think about having an autobiography that your grandmother or grandfather wrote, or one from your mother or father. If you had one, wouldn't it be among your most valued possessions? Writing an autobiography is a big task. **This class makes that task much more manageable and lots of fun.** Class will be led by Lois Stanton. Required text, *Writing Your Life*, price \$15.00 (see registration form).

423WD Beginning Water Colors: Let's splash around and have some fun! **Painting with watercolor is a rewarding way to relax, use your creativity, and learn to look at the world in a different way.** We will explore watercolor techniques by going with the flow and learn how to enjoy this delightful medium...without intimidation! Led by Susan Blakeslee. Materials needed: (can be purchased at Art Supply of Melbourne, 1420 Highland Ave, Melbourne. 255.3331) Paper - Good quality watercolor paper: either a sheet of 140 lb Arches, which can be cut into desired sizes; or an Arches watercolor block Brushes - At least the following: #4 Round, ½ Flat, You can also use some that are smaller and some that are larger. Paints - At least the following: Cobalt Blue, Aureolin Yellow, Sap Green, Alizarin Crimson, Burnt Sienna and Yellow Ochre – Optional: Prussian Blue, Cerulean Blue, Viridian Green and Dioxazine (Winsor) Violet Also Needed: #2 Pencil, Kneaded eraser, Masking tape If not using a watercolor block, a board for taping on the paper, 2 water containers (old margarine containers will do), Paper Towels, Rag or Towel and Palette (it can be a white china plate). These are suggested supplies...nothing is required!

533WD WORLD WAR II IN THE PACIFIC TERM II: In this term we will examine the war in the Pacific from the Japanese attacks on Pearl Harbor, the Philippines, the Dutch East Indies, and Singapore to the sea battles of the Coral Sea and Midway, and then to the American air-sea-ground offensives to take back Guadalcanal and New Guinea. Dick Davis will be the instructor.

***702WD Appreciation of Storytelling:** There are three elements that are of major importance in Storytelling: the Teller, the Story, and the Listener. This class, taught by Master Storyteller Herrick Jeffers, will help you to develop a greater appreciation of all three of these elements. You will learn what techniques make a successful teller and how to add these techniques to your telling. You will study what makes up an excellent story, and where to find them or develop them. And you will learn what you can do to increase your listening skills and learn to appreciate fully the art and craft of storytelling. Come and enjoy. Stories will be told every week. You will be encouraged to tell, but NEVER required to tell.

538WD American Sports: Economic Impact and World Politics: Topics will be 1)College Football; 2)Soccer, Tennis and Golf; 3)NFL Playoffs in January; 4)Super Bowl; 5)Winter Olympics; 6)Spring Training; 7)College Basketball and 8)Drugs in America. Last 10 minutes will be an open forum on topics chosen by class. Instructor: Steve Leavitt. Contact by email at bcbbbrs@aol.com.

A Great Big Thank You to the Boeing Community Fund! They recently awarded us a grant for \$2,500.00 for our learning program! We are grateful and appreciative of their support!